

## **ELEMENTARY FIRST AID (EFA)**

### **OVERVIEW**

The aim of this 1 day Elementary First course course is to give all persons aiming to go to sea the basic First Aid knowledge and immediate action to take upon facing an accident or other medical emergencies at sea

### **ENTRY REQUIREMENTS**

No prior training required.

### **ASSESSMENT**

During the course the learner will undertake a written exam paper and be continually assessed on a number of topic such as:-

- Casualty assessment and resuscitation
- Treatment of bleeding, burns, shock
- Rescue and transportation of casualty
- Cardiopulmonary resuscitation
- Fractures
- Spinal injuries
- Heart attack, choking & asthma
- Transporting a casualty on board ship

### **PROFESSIONAL OPPORTUNITIES**

Please note that any STCW training does not provide direct employment opportunities within the Merchant Navy sector. The training provided on this course is to supplement your existing skills and experience and hence enable you to meet the safety requirements. You are advised to review the range of employment opportunities available for a match with your current skill set.

### **FURTHER INFORMATION**

**[www.stc.ac.uk](http://www.stc.ac.uk)**

**0191 427 3500**

**[info@stc.ac.uk](mailto:info@stc.ac.uk)**

 [/SouthTyneCollege](https://www.facebook.com/SouthTyneCollege)

 [/South Tyneside College](https://www.youtube.com/SouthTynesideCollege)

 [@SthTyneCollege](https://twitter.com/SthTyneCollege)

 [/southtynesidecollege](https://www.instagram.com/southtynesidecollege)

Please note: If you are not an EU passport holder, you will require a Student Visitor Visa to attend any course at Tyne Coast College.

Could you please contact the Marine Booking office on tel: 0191 4273772 or email: [MarineBooking@tynecoast.ac.uk](mailto:MarineBooking@tynecoast.ac.uk) to book your place and also arrange your Visa letter.

The College accepts no responsibility if you book your place online but have not obtained a Student Visitor Visa resulting in non-attendance. Refunds will not be given in this instance.

## **DATES & FEES**

Contact us for current course dates and fees.

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