

NCFE CACHE LEVEL 2 CERTIFICATE IN UNDERSTANDING MENTAL HEALTH FIRST AID AND MENTAL HEALTH ADVOCACY IN THE WORKPLACE

OVERVIEW

Would you like the flexibility of blended / distance learning and still achieve a qualification in mental health?

The purpose of this qualification is to give learners the skills to support colleagues with mental health problems. These skills will be gained by increasing the learner's knowledge and understanding of mental health conditions and the principles of mental health first aid and how this can be implemented in the workplace.

This qualification is suitable for learners who wish to raise awareness of mental health, creating a culture of care and the promotion of positive mental health. This qualification gives learners the opportunity to understand mental health, its associated care and how this can be applied to learners or colleagues in the workplace.

To be awarded this qualification, learners are required to successfully complete 3 mandatory units.

Unit 01 Exploring Mental health

Unit 02 Understand how to support individuals with mental health

Unit 03 Understand a mentally healthy environment

ENTRY REQUIREMENTS

Learners must be over 19 years of age and be prepared to use an online platform to complete the units.

ASSESSMENT

This qualification is internally assessed and externally quality assured. Learners must successfully demonstrate their achievement of all learning outcomes of the units as detailed in the qualification specification.

PROFESSIONAL OPPORTUNITIES

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Workers within a wide range of public service roles will interact with those with mental health issues and support needs in their day-to-day work across a number of sectors. This qualification may be useful to learners studying qualifications in the following sector(s)/area(s):

- Customer service
- Housing
- Voluntary sector
- Sport and recreation
- Hospitality
- Travel and tourism
- Health and social care

DATES & FEES

Contact us for current course dates and fees.

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