



South Tyneside College

# STAYING SAFE

DO YOU KNOW WHAT TO DO IF YOU FEEL  
UNSAFE ONLINE?



Part of  
**TyneCoastCollege**

**[www.stc.ac.uk](http://www.stc.ac.uk)**

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# IF YOU NEED ADVICE ABOUT SEX, RELATIONSHIPS AND THE INTERNET - WE CAN HELP YOU

THINKUKNOW have some helpful videos that have handy tips about staying safe online, what to do if you feel unsafe and offer advice and guidance when you need it.

## VIDEOS AVAILABLE:

Online blackmail	Being loved or being used?
Receiving unwanted nudes	Viewing porn
Live streaming	Sex, the law and you
Online gaming - tips for play safe	Seeking support online
Consent: the facts	Worried about something that's happened online
Dealing with pressure online	Online grooming
Age is just a number right?	You and your tattoo
Ready for sex?	Exploring your identity online
Video chat	When nudes get shared around
Selfies: the naked true	Abusive relationships
Digital dating	Need to talk?

TO ACCESS THESE VIDEOS,  
SCAN THE QR CODE.

