1861 lifestyle centre



Fully equipped fitness suite Fitness classes available

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/1861lifestylecentre

Call us on: 0191 427 3782 or

Email: lifestyle.centre@stc.ac.uk

Membership Options

Memberships are open to anyone over the age of 14

South Tyneside College Students:



£50	. 12 month	18
£25	6 months	
£16	3 months	
CA	1 month	





College Staff:

£65..... 12 months



Staff memberships can be paid in monthly instalments

Public:





Partnership / Family Membership

Two members from the same address can join for £140 for 12 months. Any additional members can join for £70 for 12 months

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OPENING TIMES

Monday - Friday – 6am-10pm Saturday - Sunday – 6am-9pm

Please note: A gym induction MUST be booked <u>ahead</u> of time before taking up a membership.

1861 Lifestyle Centre is located behind the Marine School entrance. Address: Grosvenor Road, South Shields, NE33 3QS.

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